

Medicinal Plants of Ayurvedic Importance from Mandi District of Himachal Pradesh

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Mandi district of Himachal Pradesh shows a great deal diversity in floristic pattern extending from submontane to montane and a few alpine zones, covering the elevation range from 500-4000 m.a.s.l. The present paper is based on the extensive survey and collection of medicinal plants of Mandi district, carried out by the author during the years 1986-1992. Studies resulted in collection and identification of over 400 species of various medicinal utilisation, however, in the present paper only those plants are enumerated which are available in fairly good quantity and constituted reputed drug of Ayurveda. Suggestion for cultivation of some more commonly used and threatened medicinal plants have also been made to avoid their excessive exploitation, for their in situ conservation.

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